



# GET YOUR HEART HEALTH CHECK TODAY!

SHANE WARNE LEGACY HEART HEALTH STATION @ THE ROCHESTER SPORTS MUSEUM

## TEST FACTS AND INFO

- IT ONLY TAKES 4 MINUTES
- SIMPLE AND CONFIDENTIAL
- RESULTS ARE ON AN APP OR VIA EMAIL
- HELP YOU TO KICK START OR IMPROVE YOUR HEALTH JOURNEY
- IT INCORPORATES BLOOD PRESSURE, HEART RATE, BLOOD PRESSURE MEDICATION USE, SMOKING, BMI, DIABETES RISK, DIABETES STATUS AND MORE.



**ROCHESTER  
SPORTS MUSEUM OPEN HOURS  
THURSDAY - SUNDAY  
10AM - 3PM  
OR BY APPOINTMENT**

## The Silent Killer...



**43%**  
Coronary heart disease

**41%**  
Stroke

**38%**  
Chronic kidney disease

